

Disease: Influenza *Flu*

Symptoms: Chills, body ache, headache, fever, sore throat, followed by cough, runny nose, and possibly stomachache.

Time from Exposure to Illness: 24-72 hours

School Action and Comments on Communicability:

- 1. Exclude from school until child feels well, usually 2-7 days.**
- 2. Do not give aspirin.**

Source of Infection and How It Spreads: Virus spread directly through coughing, sneezing, and contact with nose or throat discharges. May be spread through the air.